# ABOUT ROADS TO REHAB NEPAL



**WHO WE ARE:** Roads to Rehab Nepal is a non-profit organisation registered with the Australian Charities & Not-for-profits Commission (ACNC) in 2016. Together with our project partner, Medical Rehabilitation Organisation (MeRO), we believe health and medical care should be a universal human right, especially in a place like Nepal where poverty is widespread and where many complex and challenging issues restrict and delay timely, appropriate access to medical care. Most of MeRO's patients come from remote and rural regions where literacy and health literacy is low, medical facilities lack specialists, are underfunded, under resourced, understaffed and inadequate in terms of services, diagnostics, staffing, and equipment. In cities and small towns, private hospitals have popped up to fill the gaps left by poor health resourcing and government mismanagement. Corruption is rampant.





**WHAT WE DO:** We work in partnership with MeRO, a Social Welfare Council (SWC) registered non-profit organisation in Kathmandu. We fund specific aspects of their work and together, we improve health outcomes by funding and facilitating access to medical and surgical intervention, nursing care, physiotherapy and rehabilitation services for people who experience life-changing illness or injury but cannot access such services due to poverty. We change the lives of their patients as they travel down their often long and often challenging road to rehabilitation.





**HOW DO WE DO IT?** MeRO operates a medical shelter, and patients are referred to them either before or part way through their medical journey. The Shelter provides a safe place for patients and their family member(s) to stay before and/or after their hospital stay. MeRO advocates for their patients and helps them navigate the complex medical system. At the Shelter, everything is free – the family like atmosphere, accommodation, food, medications, medical equipment and supplies, transport, medical and nursing care, physiotherapy and rehabilitation services. We fund the wages of MeRO's three nurses and physiotherapist. We pay the first AU$300/US$200 of each patient's medical bills, and more when required. We contribute AU$750 - $1000 a month towards MeRO's pharmacy bill which includes essential medications, patient medical equipment, physio and nursing supplies for all patients at the Shelter.





**HOW YOU CAN HELP:** Both organisations rely solely on donations. The number of lives we can change is directly related to the amount of money we can raise. We love what we do, and we hope you do too!



With grateful thanks,

*Virginia Dixon*

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