SENS

School of English for Engaged Social Service

January 11 - April 4, 2026
Wongsanit Ashram, Thailand



Theme for SENS 2026:
Building Community from the Ground Up
Connection is Our Lifeline in Turbulent Times

The INEB Institute

The School of English for Engaged Social Service (SENS) is a project of the Institute for Transformative Learning of the International Network of Engaged Buddhists (The INEB Institute) under the umbrella of the Sathirakoses-Nagapradipa Foundation, registered in Thailand.

For more information:
http://inebinstitute.org/eng
Contact: info@inebinstitute.org





Our Mission

To develop an English language program as a model to be shared:

- of socially conscious language learning
- that allows for rapid, enjoyable, and successful mastery of language skills
- in a rich, cooperative learning environment
- that fosters personal growth and social engagement
- as a contribution to peace, justice, understanding, and sustainability worldwide.





Term Dates

January 11 - April 4, 2026

January 11 – February 20
- Term 1, beginning January 11th. Students should arrive on January 9th or 10th.

February 21 – March 1
- Students may rest, travel, and/or opt to join small group study activities during this midterm break.

March 2 – April 4
- Term 2, culminating in the graduation ceremony on April 4th, 2026.



Tuition Fees & Living Expenses

6,200 USD or 200,000 Baht*

This fee covers tuition, fieldtrips, Internet access, private tutoring, group excursions, insurance, three healthy meals per day, snacks, and simple but comfortable and safe lodging.**

*Partial and full scholarships are available, based on merit and need.
**Travel from home country to Thailand and visa fees, as well as other costs outside the course dates, are not included in the total $6,200 fee.

Home Campus

Wongsanit Ashram
Nakhon Nayok, Thailand

Our students are inspired through SENS to change the world. Change theirs by donating to our scholarship fund! They (and all of us) will be forever grateful
Please visit: http://inebinstitute.org/donation

Who Would Benefit as a Student?

We encourage you to apply if

- Your English is already intermediate level or better.
- You want to use your mind and your skills to work for personal growth and for the good of everyone.
- You love learning, especially in the company of others.
- You are committed to doing the work necessary to learn English well.
- You are adaptable and have lots of energy.



The SENS program seeks students who are committed to working for the larger good, who are able to listen attentively to others, and who can think independently. We extend a special invitation to English and other teachers with an interest in new methods, especially how we combine language skills training with encouragement of personal growth and social and ecological awareness.

We welcome students from any country, regardless of age, occupation, and social or religious status. (But minimum age is 18!) We are happy to accept laypeople as well as those who have chosen a religious vocation. We aim to form a diverse cohort of students who identify with Buddhism, Christianity, Islam, Hinduism, Judaism, or an indigenous tradition—or who follow secular or other forms of self-cultivation, ethical orientation, and spiritual practice.

We encourage you to apply even if you do not have the funds to pay for the program. Priority given to applications received by November 5th, 2025.

Places open for up to 18 students.

Volunteer Tutor Program

We encourage you to apply if

- You are a native or near native English speaker.
- You like people and are highly conscientious and responsible.
- You would like to learn about leadership, effective listening, meditation, climate justice, Thailand, Buddhism, and transformative teaching methods.
- You want to practice teaching and leading others.

We are seeking volunteer tutors who will assist the primary teachers in the class room and lead small-group and one-on-one conversations outside of class. Some applicants who are English teachers may qualify as tutors. Volunteer tutors will receive free room and board, and free travel on group excursions.



How to Apply as a Student or Tutor:

Students & English Teacher Participants

- You should download and fill out the application form from http://inebinstitute.org/apply/
- Save the completed application as a new file that includes your name and the program in the title of the document. For example: Sam-SENS2026Application
- Send an email with your application attached to director@inebinstitute.org

Tutors

- Tutors should send us a cover letter, a sample of your writing, and a CV, including two unrelated references at director@inebinstitute.org.

For those passing the first selection we will make an appointment with you for an interview online.

Building Community from the Ground up – Share the Joy of Learning and Working Together

War broke out in Europe in 2022, and in the Middle East in 2023. Evidence of the climate crisis continues to mount: heat waves, wildfires, floods, and the extinction of species. The world has become more unequal, and those preaching hatred and the dominance of one group over another have become louder and entered more governments.

In the midst of this can we still live beautiful and meaningful lives? Yes! Never were the possibilities greater. But how will we do that? One step is to live a life that responds meaningfully, that works to resolve these problems rather than merely seeking a place of personal comfort. Another simple but powerful step is to bridge the gaps that exist between us, whether they be generation or wealth gaps, the gaps created by racism, sexism, Islamophobia or by any exclusion of those who live or believe differently.

The wisest among us—spiritual leaders, writers, artists, historians, activists, and others—have seen the underlying unity of all humans and cherished the web of existence that binds us. By joining SENS 2026, you can be part of "Building Community from the Ground Up" for everyone, practicing caring for each other and sustaining life in all its forms. The challenges are at the planetary scale, and this is yet another reason that we need each other. Let us learn together how to accept and then take on the global situation we face, each in our own way. Let us rediscover the joy of learning and working together. Strengthening our ability to communicate in English, learning to listen with genuine attention, and growing in our understanding of the contemporary social and ecological world can be small parts of a bigger solution. This is what we intend in SENS 2026.






What Participants Say about SENS

This program helped me grow. Through classes, workshops, meeting local activists, and talking with my fellow participants, I learned more about social issues. My view of the world is now wider. I had time to think about these problems and what to do about them.

I enjoyed meeting all of you who are from many countries. We shared stories about our identities, countries, and interests. I could see the world through your eyes. The Co-Counseling experience was special because we could share deeply and support each other. I feel lucky to have seen the beauty in each person of this group.

While working abroad, I wasn't confident when speaking English to large groups. Now, I'm more confident and can speak without fear.

Sanghun Kim – South Korea

Transformative learning has changed my life in ways I never expected. I joined SENS hoping to build confidence and improve my speaking and listening skills, but I gained so much more - a deeper understanding of global issues and the crisis we face today. … I worried that three months would feel long and that following the same schedule every day would be difficult, but after I arrived, everything felt different. I woke up every morning feeling motivated to attend class.

What stands out most about this program is how we're encouraged to remain connected and support each other. This approach is something very special as usually after such programs we simply part ways, but here, I feel a lasting bond.

Adity Kharel – Darjeeling, India

Thanks to SENS, I have learned to love - to love myself and my fellow human beings. My mind has grown, and I happened to see how narrow it was, how vast the world is. I realized how I was stuck in self-delusion, ignorance, and selfishness. I am grateful that I can finally begin to wake up and see the world anew.

Nguyen Thi Huong Lien – Vietnam

One of the most powerful lessons I have learned from this journey is the importance of building a peaceful community. Coming from different backgrounds and cultures, we all arrived with our own stories, struggles, and dreams. No matter where we come from, we are all responsible for creating spaces where people feel safe and valued through counseling and simply offering kindness.

While I have grown in language, I have also grown in confidence. Language is more than just words. It is a bridge to connect us, to fulfil our dreams, allowing us to share our experiences, support one another, and inspire change. Second, now I see that Co-Counseling can be a key player in building a community for social transformation. … Co-Counseling practice is a way to find who you are and who you want to be in the future. After the counseling sessions, I became more aware of myself and my feelings. Through this, I have realized that healing is not just about individuals. It is about communities coming together, lifting each other, and finding strength in unity.

Yu Yu – Myanmar